Clothing and Equipment list

**Equipment**

Pencils, pens

Scientific calculator

A large clear polythene bag – for paper etc when it rains

Memory stick

Notebooks for the field

Induction document

Water bottle and/or thermos flask for hot drinks

**Clothing etc**

Bed linen will be provided by the Centre - bring own towels, soap and toiletries.

You must be equipped for cold and wet conditions:

Waterproof Jacket (with hood)

Waterproof Trousers

Wellington Boots (The centre has some, but cannot guarantee sizes)

Warm layers/fleece tops (at least 4)

Thick Warm Trousers

Long sleeved T-shirts

Day Rucksack

Gloves, Scarf and Woolly Hat

Thick Socks

Sun protection!

Hand Torch or Head Torch

Walking boots can be worn for some of the days and are very useful, but not essential.

Indoor shoes and change of clothes for time spent in the Centre itself.