18 May 2018

Dear Parents and Carers

**RAMADAN – THE MONTH OF FASTING**

We are aware that a number of students at School are getting ready for Ramadan, the month of fasting and with this in mind we write to confirm the School’s expectations regarding PE.

During this month students are still expected to participate in PE activities. We would like students to be physical, to the best of their ability but if the activity is too strenuous, they will be expected to take on a coaching role within the lesson.

If you feel that your son/daughter should be excused from taking part fully in the lesson, you will be expected to confirm this in a letter to the PE Department. Please note that **all students are still expected to change for PE** whether or not they have been withdrawn from full participation.

For your information we have 2 prayer rooms available for students at lunch time MS3 (girls) and MS9 (boys).

Thank you for your cooperation.

Yours sincerely

Mr R Gunn
Acting Head Of Physical Education