5 March 2019

Dear Parents and Carers

**Transition to University**

Many students have received decisions from universities and other institutions following the closure of the UCAS applications window on 15 January. All universities are set a deadline of March 31 to respond to students. Following this date, students have until 1 May to make their firm and insurance choices through UCAS.

I am sure you are aware the step up to studying at university is quite a comprehensive change for some students. Nationally 6% of students drop out after the first year of study and with recent media reports suggesting a rise in mental health issues in higher education, it is important that students make appropriate transition to degree level study.

Student Minds is the UK’s student mental health charity. They aim to empower students and members of the university community to look after their own mental health, support others and create change with an overall goal to transform the state of student mental health so that all in higher education can thrive. They have produced an important document called ‘Know Before You Go’, which gives clear guidance on what students can expect when going to university. It also gives clear guidance and signposting for students who may encounter mental health issues during their time at university. I thought that all parents of Year 13 students would find this useful before your son/daughter heads off to university. Please find the guide in the link below:


Yours sincerely

Mr C Eley
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