Iceland Kit list CLOTHING LIST

Wet
You can expect rain at any time of the year and even if it does not rain waterproof clothing is a good protection against wind chill. Note that the edges of glaciers can be exceptionally muddy (sometimes coming over the top of ordinary walking boots).

Cold
At all times of the year you can expect chilly conditions and thus the principle of warm woollen clothing next to the skin topped by windproof over garments (e.g. cagoule/anorak) is applicable. Winter conditions will be colder but more clothing does not necessarily mean greater warmth; it is the quality and the arrangement of the clothing that is important. Warm clothing will be essential for the Northern Lights trip on the first night.

Indoors
The hotels are warm and comfortable and so pupils will need light clothing and footwear (e.g. trainers) around the buildings.

Outdoors:
- walking boots (or wellies if you cannot get any)
- warm socks to wear with footwear (2 - 3 pairs; loop pile best)
- cagoule and waterproof over trousers
- *woollen vest (thermal in winter)
- *woollen shirt or loop pile T-shirt
- *thermal underwear
- *sweater
- *warm trousers (not jeans)
- gloves (and over-gloves)
- woolly hat (balaclava)
- sunglasses (bright light - especially in snow)
- rucksack for field equipment, lunch box etc.
- Crampons for hiking boots are recommended but not essential

* = a couple of changes of clothing recommended. Getting wet is to be expected.

Indoors:
- shirt/T-shirt light
- trousers/jeans
- socks
- light jersey
- trainers

Personal:
- washing/shaving kit
- towel (suitable as swimming towel)
- swimsuit
- personal medications
- Blue Lagoon – Remember your swimming costume (not bikinis) and towel (pack in hand luggage because we are visiting at the end of our trip).
- Plastic bag to put wet swimming costume in.
- Digital camera/phone for photos!