Thursday 6.00pm – 8.00pm
28\textsuperscript{th} Feb, 7\textsuperscript{th} March, Weds 13\textsuperscript{th} March, Thurs 21, 28 March, 4\textsuperscript{th} April

Getting on with your Teen
Asda Watford, St Albans Rd, Watford, WD24 7RT

Come and gain a new perspective on parenting your children by:

- Understanding your Teen's behaviour
- Helping your children manage their feelings
- Negotiating your way through conflict
- “Why does my child do that?” From risky behaviour online, to the attraction of gangs – understanding the challenges of parenting in the 21\textsuperscript{st} century

Contact Louise on 01163 666087 for more information or to book a place.
Professionals - please send completed referral forms direct via HertsFX to support@familylives.org.uk and do not send personal data using an unencrypted email system. If you do not have a HertsFX account, contact CSS@hertfordshire.gov.uk for assistance.

This course is provided with funding from HCC Children’s Services

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